

NATIONAL
HEALTH
CENTER
WEEK

ACTIVITIES
CALENDAR

AUGUST 14-18



FOR MORE
INFORMATION, CALL:
707-433-5494

MONDAY

AUGUST 14, 2017

Food Insecurities:
Healdsburg

9:00AM-12:00PM

CALFRESH, REDWOOD
EMPIRE FOOD BANK, FARM
TO PANTRY, CENTER FOR
WELL BEING COOKING
DEMO

Employee
Appreciation:
Windsor

CLINIC WILL BE CLOSED:
12:00PM- 1:00PM

TUESDAY

AUGUST 15, 2017

Stress Management:
Windsor

8:00AM- 11:00AM

FREE STRESS BALL DEMO,
MAKE YOUR OWN STRESS
BALL! VISIT THE RECOURSE
TABLE

Stress Management:
Healdsburg

1:00PM-4:00PM

FREE STRESS BALL DEMO,
MAKE YOUR OWN STRESS
BALL! VISIT THE
RECOURSE TABLE

WEDNESDAY

AUGUST 16, 2017

Healthy Initiative
Through Sports for
Kids

4:00PM-6:00PM

FOR YOUTH AGES 6-12
FACE PAINTING, BACK TO
SCHOOL SUPPLIES,
HEALTH EDUCATION

HEALDSBURG COMMUNITY
CENTER: 1557 HEALDSBURG
AVE., HEALDSBURG CA
95448

THURSDAY

AUGUST 17, 2017

Food Insecurities:
Windsor

9:00AM-12:00PM

BOOK MOBILE, CALFRESH,
REDWOOD EMPIRE FOOD
BANK, FARM TO PANTRY,
CENTER FOR WELL BEING
COOKING DEMO, VISIT THE
RECOURSE TABLE

Fun Run

5:00PM-7:00PM
HEALDSBURG RUNNING CLUB
333 CENTER ST.
HEALDSBURG CA

SNACKS AND RECOURSE
FAIR TO FOLLOW
6:00-7:00PM @AMC
CONFERENCE ROOM

THANK YOU

To make an
appointment, call
707-433-5494

For more
information about
National Health
Center Week, visit

<https://healthcenterweek.org>



NATIONAL ASSOCIATION OF
Community Health Centers